



# Forever Stylish



**Y**ou are feeling good about yourself and you want to show the world that you have something to offer. You feel that way inside but your look says something totally different. How to get the outside to match how you feel on the inside? Well you have got to Dress for Success.

But how do you accomplish this? Number one you have got to dress the part and by dressing for the part I mean that you have got to dress for the job, career, or business that you want, not for the one that you currently have. For example if you want to be a successful Hair Stylist, you have got to look like you have your hair in order. Who would want to go to a Hair Stylist whose hair is always in a mess? This analogy could be used in just about every profession.

Now this does not mean that you have got to go out and spend an exceptional amount of money to get a whole new look. This new look can be accomplished by adding a few pieces of accessories to your existing wardrobe.



SOME OF THE SIMPLE TIPS THAT I FIND USEFUL ARE:

- Add a piece of jewelry to an outfit. It can be a nice bracelet, a simple necklace, a pair of earrings or even a nice watch. Don't over do it with the jewelry. Just add something simple to your already existing outfit.
- Dress up a pair of jeans. I know we dress up for work five days a week and we want a day where we can just tone things down and relax. Dressing up a pair of jeans can be as simple as changing from an old t-shirt to a nicer shirt or maybe a blouse. You can even add a simple jacket depending on the outing.
- Update you current handbag. By adding a simple handbag you can create a totally different style in the way that an outfit looks and the way that you feel. Handbags are an accessory to any outfit and you should think of it as such.
- Make sure your bra fits properly. If it rides up in back, slips of the shoulders, or lets your breasts sag instead of offering support, then it's time to seek professional help. You can usually find trained fitters in the lingerie departments of better department stores. Call around for an appointment.
- You look great...from the ankles up. If your shoes have seen better days, it is time to find a good shoe repair shop. Polish them regularly. Use a felt tip marker on scuffs, and put a piece of soft carpet under your feet when you drive. And most importantly, invest in a good pair if you're going to wear them every day. Don't buy them at the 5 for Ten and then wonder why they don't last.

Remember that the key to looking and feeling your best is to take care of yourself. If you incorporate some of these tips mentioned you can be on your way to build up your self confidence while creating or updating your style.

